39. (once amended) The nutritional supplement of claim 1, wherein the sterol is

where the dashed line is a single or double bond and R is a  $(C_1-C_{10})$  alkyl, substituted  $(C_1-C_{10})$  alkyl,  $(C_2-C_{10})$  alkenyl group or substituted  $(C_2-C_{10})$  alkenyl group.

## REMARKS

Claims 1 and 38 have been amended to specifically define that the omega-3 fatty acid is derived from fish oil. As a result of this amendment, claims 30 to 33, 35 and 37 have been deleted from the case. Claim 39 has been amended to correct a typographical error and to clarify the definition of R. Support may be found on page 4, at lines 24 to 26.

The Examiner has continued to object to claims 1, 5 to 11 and 30 to 39 under 35 U.S.C. §112, first paragraph, for containing subject matter which was not described in the specification in such a way as to enable one skilled in the art to which it pertains, or with which it is